



ageless system

- JOINT HEALTH -

FAQs

“Accordingly, slowing down aging and postponing the onset of age-related diseases might be achieved by blocking inflammation...”

– Immunity & Ageing 2010

1. How does this combination of natural ingredients improve aging?

“Inflammaging” is a disease process scientists have discovered accelerates aging. Reducing inflammation, particularly low-level inflammation (the kind you can’t feel) is a target of anti-aging research and showing promise at optimizing longevity. Some of the best anti-inflammatories (turmeric), immune modulators (colostrum and mushrooms), anti-inflammatory antioxidants (cherries) are natural health products. This combination of natural ingredients targets inflammation from multiple angles: immune reaction, free radicals and inhibition of inflammation. In addition, hydrolyzed collagen (bovine) and bromelain help reduce inflammation triggered by joint degradation and incomplete digestion.

2. What is colostrum?

Colostrum is the first milk given from a mother to her offspring. It is like the first download of information for the immune system. Colostrum is one of the most nutritious liquids on earth, earning its nickname “liquid gold”. Packed with age-defying growth factors, as well as IgE and other immune factors (plus an array of nutrients), colostrum supports optimal well-being. Colostrum helps repair cellular tissues, increase energy, build lean muscle, increase metabolism, increase skin elasticity, and improve nutrient uptake. Sequence Colostrum is the only Canadian brand of genuine first milking bovine colostrum. From the finest, small, family-run organic dairies in North America where quality presides over production quantity – and, every cow has a name. To ensure maximum potency, we only use colostrum from the very first milking, collected within the first six hours after birth. (Note: only a portion of the colostrum is collected from a mom, leaving plenty for its calf). Furthermore, our proprietary manufacturing process allows us to keep our colostrum’s naturally occurring fats fully intact to ensure the highest possible levels of age-defying growth factors. Visit sequencehealth.com for more on colostrum.

3. What is the recommended dosage?

The recommended dose is two capsules per day for adults.

4. What ingredients are in ageless system’s JOINT HEALTH?

The medicinal ingredients per capsule:

Bovine Colostrum (*Bos Taurus* – grass fed)...200 mg
Turmeric 4:1 extract (*Curcuma longa*, rhizome) ... 125 mg
(Equivalent to 500 mg of powder)
Reishi (*Ganoderma lucidum*, cultured mycelia) ...20 mg
Organic Maitake (*Grifola frondosa*, cultured mycellia) ...20 mg
Shiitake (*Lentinula edodes*, cultured mycelia) ...20 mg

Organic Tart Cherry (*Prunus cerasus*, fruit) ...25 mg
Bromelain (Stem bromelain)(2400 GDU/g) ...12.5 mg
Bovine hydrolyzed collagen10mg
The non-medicinal ingredients are: Silicon dioxide, magnesium stearate, microcrystalline cellulose, hypromellose.

5. What's the recommended use?

Used in Herbal Medicine as an anti-inflammatory to help relieve joint pain.

Helps support the immune system.

Source of fungal polysaccharides with immunomodulating properties. Source of antioxidants

6. Are there cautions or warnings?

As per Health Canada's NNHPD regulations, the warnings and cautions for the ingredients in this product are: "Consult a health care practitioner prior to use if you are pregnant or breastfeeding; have gallstones, a bile duct obstruction, stomach ulcers, excess stomach acid, gastrointestinal lesion/ ulcer, a history of cancer, diabetes, liver or kidney disease, or have an immune system disorder (e.g. Crohn's disease, myasthenia gravis, multiple sclerosis, rheumatoid arthritis, systemic lupus erythematosus, HIV/AIDS, etc.). Consult a health care practitioner if you have been instructed to follow a low protein diet; are taking an anticoagulant/ blood thinner, anti-inflammatory, antibiotic, blood thinners (anti-coagulants) immunosuppressants, or are having surgery. Consult a health care practitioner if symptoms persist or worsen. Hypersensitivity/allergy can occur; in which case, discontinue use. Nausea, vomiting, and diarrhoea have been known to occur, in which case discontinue use (and consult a health care practitioner). If you have a known allergy/hypersensitivity to cow's milk, do not use this product.

7. Where are the mushrooms sourced from?

The maitake and shiitake mushrooms are purchased from a unique source in the United States, which uses a proprietary Solid State Fermentation (SSF) process to create these high quality mushrooms. SSF involves the use of myceliated oats as a growing medium for the mushrooms in a very highly environmentally-controlled growing process. Note: there is no "oat" left in the final product. The reishi mushrooms come from a highly quality and reputable supplier from China who puts the mushrooms through a double staged inspection for quality before being released. Then, the mushrooms are tested a third time to ensure purity, potency and identity meets the Ageless Systems strict and high standards.

A NOTE ABOUT SEQUENCE AGELESS SYSTEM QUALITY:

Purity and potency are vital to effective nutritional therapy. As such, purity and potency are the pillars of standards Sequence Health is based on. Any ingredient not meeting Sequence's stringent and high standards for quality, purity and potency are rejected, without hesitation. We will not sacrifice quality. (Yes, even if it means we may have to delay production.)