



About La Dee Da Gourmet Sauces...

- **Canadian products, produced in Hamilton, Ontario**
- **Locally sourced ingredients**
- **Plant-Based, Vegan/Vegetarian**
- **Gluten-Free, Dairy-Free**
- **Nightshade vegetable free options**
- **Inclusive to all eaters**
- **On trend consumer demand for healthy, versatile alternative products**
- **All natural preservatives**
- **Planogram into sauce aisle/Gluten-Free aisle or stand alone in local section of store**

www.ladeedasauces.com



Butternut Squash Beet Sauce

500 ml

Nutrition Facts Valeur nutritive	
Per ½ cup (125 mL) / Par ½ tasse (125 mL)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 70	
Fat / Lipides 3 g	5 %
Saturated / saturés 0 g + Trans / trans 0 g	0 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 170 mg	7 %
Potassium 150 mg	4 %
Carbohydrate / Glucides 9 g	3 %
Fibre / Fibres 2 g	8 %
Sugars / Sucres 4 g	
Protein / Protéines 1 g	
Vitamin A / Vitamine A	100 %
Vitamin C / Vitamine C	8 %
Calcium / Calcium	2 %
Iron / Fer	4 %



INGREDIENTS: VEGETABLES (BUTTERNUT SQUASH, CARROTS, BEETS, ONION), WATER, LEMON JUICE, EXTRA VIRGIN OLIVE OIL, FRESH GARLIC, APPLE CIDER VINEGAR, APPLE CIDER, PINK HIMALAYAN SALT, SPICES. REFRIGERATE AFTER OPENING.



Twelve Veggie Tomato Sauce

500 ml

Nutrition Facts Valeur nutritive	
Per ½ cup (125 mL) / Par ½ tasse (125 mL)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 100	
Fat / Lipides 4.5 g	7 %
Saturated / saturés 0.5 g + Trans / trans 0 g	3 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 85 mg	4 %
Potassium 125 mg	4 %
Carbohydrate / Glucides 12 g	4 %
Fibre / Fibres 2 g	8 %
Sugars / Sucres 5 g	
Protein / Protéines 2 g	
Vitamin A / Vitamine A	60 %
Vitamin C / Vitamine C	15 %
Calcium / Calcium	2 %
Iron / Fer	2 %



INGREDIENTS: TOMATOES, WATER, SWEET ONION, CARROTS, SWEET POTATOES, ZUCCHINI, ORGANIC EXTRA VIRGIN OLIVE OIL, CELERY, LEMON JUICE, SHALLOTS, FRESH GARLIC, PARSNIP, TURNIPS, FRESH PARSLEY, FRESH BASIL, PINK HIMALAYAN SALT, SPICES. REFRIGERATE AFTER OPENING.



Savoury Mushroom Basil Sauce

500 ml

Nutrition Facts Valeur nutritive	
Per ½ cup (125 mL) / Par ½ tasse (125 mL)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 120	
Fat / Lipides 9 g	14 %
Saturated / saturés 1 g + Trans / trans 0 g	5 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 280 mg	12 %
Potassium 200 mg	6 %
Carbohydrate / Glucides 7 g	2 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 2 g	
Protein / Protéines 2 g	
Vitamin A / Vitamine A	20 %
Vitamin C / Vitamine C	6 %
Calcium / Calcium	2 %
Iron / Fer	2 %



INGREDIENTS: WATER, ORGANIC MUSHROOMS (CREMINI, OYSTER, SHITAKE), SWEET ONION, ORGANIC EXTRA VIRGIN OLIVE OIL, SWEET POTATOES, LEMON JUICE, GLUTEN-FREE CHICKPEA FLOUR, FRESH BASIL, FRESH GARLIC, PINK HIMALAYAN SALT, SPICES. REFRIGERATE AFTER OPENING.



Spicy Sweet Wine Relish

250 ml

Nutrition Facts Valeur nutritive	
Per 1 tbsp (15 mL) / 1 c. à soupe (15 mL)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 20	
Fat / Lipides 1.5 g	2 %
Saturated / saturés 0 g + Trans / trans 0 g	0 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 5 mg	0 %
Carbohydrate / Glucides 1 g	0 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 1 g	
Protein / Protéines 0 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	10 %
Calcium / Calcium	0 %
Iron / Fer	0 %



INGREDIENTS: ZUCCHINI, APPLE CIDER, APPLE CIDER VINEGAR, SWEET ONION, RED BELL PEPPER, ORGANIC EXTRA VIRGIN OLIVE OIL, SWEET WINE, YELLOW BELL PEPPER, FRESH GARLIC, SCOTCH BONNET PEPPER, JALAPEÑO PEPPER, YELLOW HOT PEPPER, SPICES. REFRIGERATE AFTER OPENING.

Made in  Canada