# Orange Naturals Product Guide

Go ahead. Rethink your medicine cabinet.

Orange Naturals offers a full line of professionally formulated, natural medicinals to health-conscious families at affordable prices.

We developed Orange Naturals because we believe natural medicine should be **safe**, **effective** and **affordable** for **families**.



# Tinctures

Ancient wisdom, modern practice

Therapeutic doses of certified organic or wildcrafted herbs in a pure, easily metabolized format



# ND Shake<sup>™</sup>

Not for every body, just your body

Canada's first line of nutrientdense shakes to meet the unique requirements of men, women, teens and children



## Homeopathics

Gentle can be strong

Highly specialized remedies, formulated to trigger the body's natural system of healing



# Supplements

Superior ingredients and formulations

Bringing together essential components of professionalgrade naturopathics - vitamins, minerals and specialty formulations



#### Allergy relief

Tinctures Stinging Nettle (herb top)

Homeopathics Bites+Stings Bites+Stings (for kids) Eczema Eczema (for kids) Sinus

Supplements C (crystals) Eyebright

#### Anaemia

Homeopathics Blood Builder

Supplements B12+ Folic Acid Folic Acid Iron Complex

#### Antioxidants

Supplements

A E I-3-C (indole-3-carbinol) Oil of Oregano Omega-3 Fish Oil (softgel) Prenatal Multi Zinc

## Appetite support

Tinctures Digestion+Appetite (combo for kids) Gentian Hops

Homeopathics Appetite (for kids) Digestion Digestion (for kids)

#### Arthritis

Tinctures Devil's Claw Rosemary Stinging Nettle (herb top) Turmeric

Supplements Joint Health Joint Relief

## Blood sugar

Tinctures Cinnamon Fenugreek Ginseng (american & panax)

ND Shake<sup>™</sup> ND Shake Original ND Shake Men ND Shake Women ND Shake Women's Sport

Supplements Blood Sugar Support (formerly ALA) Chromium

## Bone health

Homeopathics Teething (for kids)

ND Shake<sup>™</sup> ND Shake Women ND Shake Teens ND Shake Kids

Supplements A Bone Health Advanced C (crystals) D3 Drops D3+K2 Drops D3 Softgels D3+K2 Softgels Magnesium

#### BPH

Tinctures Saw Palmetto Stinging Nettle (root)

Supplements Prostate Health Zinc

#### Cholesterol support

Tinctures Fenugreek

Supplements Niacin+Guggulipid Omega-3 Fish Oil (softgel)

#### Cognitive health

See mind support

#### Cold relief

Tinctures Cough+Cold (combo) Cough+Cold (combo for kids) Echinacea Fennel Ginger Licorice Linden Lungwort Thyme

#### Homeopathics

Cough+Cold Night Cough+Cold Night (for kids) Dry Cough Dry Cough (for kids) Earache (for kids) Fever (for kids) Sinus Wet Cough Wet Cough (for kids)

Supplements

C (crystals) Cold+Flu Oil of Oregano

#### Cold sore relief

Supplements L-Lysine

#### Constipation relief

Tinctures Cascara Sagrada Constipation (combo) Liver Health (combo)

Supplements Probiotic Powder (toddler to teen) Probiotic (for adults) Magnesium

## Cough relief

Tinctures Cough+Cold (combo) Cough+Cold (combo for kids) Fennel Ginger Holy Basil Licorice Linden Lungwort Thyme

Homeopathics Cough+Cold Night

Cough+Cold Night (for kids) Dry Cough Dry Cough (for kids) Earache (for kids) Fever (for kids) Sinus Wet Cough Wet Cough (for kids)

#### Dental health

See bone health

## Detoxification

Tinctures Burdock Cascara Sagrada Dandelion Digestion (combo) Liver Health (combo) Milk Thistle

Supplements I-3-C (indole-3-carbinol)

#### Diarrhoea relief

Tinctures Bilberry Catnip Lungwort

Supplements Probiotic Powder (toddler to teen) Probiotic (for adults)

## **Digestive support**

Tinctures Artichoke Calendula Calm (combo for kids) Catnin Chamomile Cinnamon Constipation (combo) Dandelion Devil's Claw Digestion (combo) Digestion+Appetite (combo for kids) Fennel Fenugreek Gentian Ginger Ginseng (american) Goldenseal Hops Lemon Balm Licorice Milk Thistle Peppermint

#### Homeopathics

Appetite (for kids) Colic (for kids) Digestion Digestion (for kids) Gallbladder Nausea+Vomiting Nausea+Vomiting (for kids)

Supplements Plant Digestive Enzymes Probiotic Powder (toddler to teen) Probiotics (for adults)

## Diuretic

Tinctures Burdock Dandelion Digestion (combo) Liver Health (combo) Lungwort Saw Palmetto Stinging Nettle (herb top & root)

Homeopathics Kidney Stones

Supplements Prostate Health

## Energy support

Tinctures

Ashwagandha Ginseng (panax & siberian) Holy Basil Stress (combo) Rhodiola Stinging Nettle (root)

Homeopathics Blood Builder

Jet Lag Libido for Men Libido for Women

ND Shake™

ND Shake Original ND Shake Men ND Shake Women ND Shake Women's Sport

Supplements Adult Multi Advanced B-Complex B12+Folic Acid Stress Thyroid Health

## Excess perspiration

Tinctures Sage

## Eye health

Tinctures Bilberry Eyebright

Supplements

Blood Sugar Support (formerly ALA) Eye Health Advanced

## Fatigue relief

See energy support

## First aid

Homeopathics Bites+Stings Bites+Stings (for kids) Bumps+Bruises Bumps+Bruises (for kids)

## General health

Tinctures Green Tea

Homeopathics Blood Builder Calm Flights Grief

#### ND Shake<sup>™</sup>

ND Shake Original ND Shake Men ND Shake Women ND Shake Women's Sport ND Shake Teens ND Shake Kids

## Supplements

A Adult Multi Advanced B-Complex B6 B12+Folic acid Biotin Blood Sugar Support (formerly ALA) C (crystals) CoQ10 D3 Drops D3 Softgels E Eye Health Advanced L-Lysine Magnesium Omega-3 Fish Oil (softgel) Plant Digestive Enzyme Probiotics (for adults) Probiotics (toddler to teen) PS (phosphatidylserine) Stress Zinc

#### Haemorrhoids

Tinctures Horse Chestnut Lungwort

#### Hair+Nail health

Supplements Biotin Omega Fish Oil (softgel)

#### Headache relief

Tinctures Feverfew Rosemary

Homeopathics Jet Lag Migraines+Headaches

Supplements 5-HTP CoQ10 Magnesium

## Heart health

Tinctures Hawthorn Heart Health (combo) Holy Basil

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Supplements CoQ10 Magnesium Niacin+Guggulipid Omega-3 Fish Oil (softgel)

## Immune support

Tinctures Astragalus Cough+Cold (combo) Cough+Cold (combo for kids) Ginseng (american) Immune Health (combo)

Homeopathics Cough+Cold Night Cough+Cold Night (for kids)

Wet Cough Wet Cough (for kids)

## Supplements

C (crystals) Cold+Flu D3 Drops D3+K2 Drops D3 Softgels D3+K2 Softaels Oil of Oregano Probiotic Powder (toddler to teen) Probiotics (for adults) Zinc

## Inflammation

Tinctures Calendula Goldenseal Licorice Turmeric

Homeopathics Bites+Stinas Bites+Stings (for kids) Bumps+Bruises Bumps+Bruises (for kids) Earache (for kids) Eczema Eczema (for kids) Gallbladder Gout Kidnev Stones Migraines+Headaches

Supplements Joint Health Joint Relief

## Joint pain

Tinctures Devil's Claw Holy Basil Stinging Nettle (herb top) Turmeric

Homeopathics Bumps+Bruises Bumps+Bruises (for kids) Gout

Supplements Joint Health Joint Relief

## Kid's health

Tinctures Calm (combo for kids) Cough+Cold (combo for kids) Digestion+Appetite (combo for kids)

Homeopathics Appetite (for kids) Bites+Stings (for kids) Bumps+Bruises (for kids) Colic (for kids) Cough+Cold Night (for kids) Digestion (for kids) Dry Cough (for kids) Earache (for kids) Eczema (for kids) Fever (for kids) Focus (for kids) Nausea+Vomiting (for kids) Teething (for kids) Sleep Tight (for kids) Wet Cough (for kids) Worry+Fear (for kids)

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Supplements Probiotic Powder (toddler to teen)

## Liver health

Tinctures Artichoke Dandelion Digestion (combo) Gentian Liver Health (combo) Menopause (combo) Milk Thistle

Homeopathics Gallbladder Gout

Supplements I-3-C (indole-3-carbinol)

## Lung health

Tinctures Astragalus Immune Health (combo) Lunawort Thyme Homeopathics Cough+Cold Night

Cough+Cold Night (for kids) Dry Cough Dry Cough (for kids) Wet Cough Wet Cough (for kids)

## Memory support

Homeopathics Focus Focus (for kids)

Supplements Ginkgo Biloba Mood Omega-3 Fish Oil (softgel) PS (phosphatidylserine)

## Men's health

Tinctures Hawthorn Heart Health (combo) Saw Palmetto Stinging Nettle (root)

Homeopathics Libido for Men Snoring

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Supplements Adult Multi Bone Health Advanced CoQ10 D3 Drops D3+K2 Drops D3 Softgels D3+K2 Softgels Niacin+Guggulipid Prostate Health Thyroid Health Zinc

## Menopause relief

Tinctures Black Cohosh Chaste Tree Dong Quai Menopause (combo) Sage

## Homeopathics

Libido for Women Menopause

Supplements Mood

Menstrual pain relief See PMS relief

## Mental performance

See mind support

## Metabolism

Tinctures lodine

B6 Biotin Chromium

## Migraine relief See headache relief

## Mind support

Tinctures Ashwagandha

Ginseng (panax & siberian) Rhodiola Stress (combo) St. John's Wort Valerian

#### Homeopathics

Calm Flights Focus Focus (for kids) Stress+Calm Worry+Fear (for kids)

#### Supplements

5-HTP (5-hydroxytryptophan) Ginkgo Biloba Mood Omega Fish Oil (softgel) PS (phosphatidylserine) Stress

## Mood support

Tinctures St. John's Wort Stress (combo)

#### Homeopathics

Calm Flights Focus Focus (for kids) Grief Libido for Men Libido for Women Menopause PMS+Cramps Stress+Calm Worry+Fear (for kids)

## Supplements

5-HTP (5-hydroxytryptophan) Mood Omega Fish Oil (softgel) Sleep

## Muscle recoverv

Homeopathics Bumps+Bruises Bumps+Bruises (for kids)

Supplements Magnesium

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## Nausea relief

## Tinctures

Digestion (combo) Digestion+Appetite (combo for kids) Gentian Ginger Peppermint

#### Homeopathics

Digestion Digestion (for kids) Nausea+Vomiting Nausea+Vomiting (for kids)



Supplements Advanced B-Complex Thyroid Health

#### Nervous relief

See stress

#### Night sweats

Tinctures Black Cohosh Menopause (combo) Sage

Homeopathics Menopause

## Pain relief

Tinctures California Poppy

Devil's Claw Turmeric

#### Homeopathics

Bites+Stings Bites+Stings (for kids) Bumps+Bruises Bumps+Bruises (for kids) Colic (for kids) Earache (for kids) Eczema Eczema (for kids) Fever Gallbladder Gout Kidney Stones Migraines+Headaches PMS+Cramps Sinus Teething (for kids)

Supplements 5-HTP (5-hydroxytryptophan) Joint Health Joint Relief

## Physical performance

Tinctures Holy Basil Ginseng (panax & siberian) Stress (combo) Rhodiola

ND Shake<sup>™</sup> ND Shake Women's Sport

Supplements Stress

## PMS relief

Tinctures Black Cohosh Chaste Tree Dong Quai Fennel PMS (combo) Red Raspberry Sage Skullcap

Homeopathics PMS+Cramps

Supplements B6 Mood Magnesium

## Prenatal support

Supplements Folic Acid Iron Complex Omega Fish Oil (softgel) Prenatal Multi

## Prostate health

See men's health

Protein source

#### ND Shake <sup>™</sup> ND Shake Kids ND Shake Men ND Shake Original ND Shake Teens ND Shake Women ND Shake Women's Sport

#### Sexual health

Tinctures Chaste Tree Dong Quai Menopause (combo) PMS (combo) Red Raspberry Sage

Homeopathics Libido for Men Libido for Women Menopause

#### Sinus relief

Tinctures Cough+Cold (combo) Cough+Cold (combo for kids) Stinging Nettle (herb top)

Homeopathics Sinus

## Skin health

Tinctures Burdock Dandelion Liver Health (combo)

Homeopathics Bites+Stings Bites+Stings (for kids) Eczema Eczema (for kids)

Supplements C (crystals) F

## Sleep aid

Tinctures California Poppy Chamomile Hops Lemon Balm Menopause (combo) Passionflower Skullcap Valerian

#### Homeopathics Calm Flights Cough+Cold Night

Cough+Cold Night (for kids) Grief Jet Lag Menopause Sleep Sleep Tight (for kids) Snoring

Supplements 5-HTP (5-hydroxytryptophan) L-Theanine Sleep

#### Sore throat

See cold relief

Stomach upset

See digestive support

## Stress

Tinctures Ashwagandha Calm (combo for kids) Ginseng (panax & siberian) Holy Basil Hops Lemon Balm Linden Passionflower Rhodiola Skullcap St. John's Wort Stress (combo)

## Homeopathics

Calm Flights Grief Jet Lag Sleep Sleep Tight (for kids) Stress+Calm Worry+Fear (for kids)

Supplements Advanced B-Complex B6 L-Theanine Magnesium Mood Sleep Stropp

## Thyroid support

Tinctures Ashwagandha Iodine

Supplements Thyroid Health

## **Travel Support**

Homeopathics Calm Flights Jet Lag Nausea+Vomiting Nausea+Vomiting (for kids)

Supplements Probiotic Powder (toddler to teen) Probiotic (for adults)

## Urinary infections

Homeopathics Kidney Stones

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Supplements Cranberry Probiotics (for adult)

## Varicose veins

Tinctures Horse Chestnut

## Vitamins+Minerals

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#### Supplements

A Adult Multi Advanced B-Complex B6 B12+Folic Acid Biotin Bone Health Advanced C (crystals) Chromium D3 Drops D3+K2 Drops D3+K2 Drops D3+K2 Softgels E

Folic Acid Iron Complex Magnesium Niacin+Guggulipid Omega-3 Fish Oil (softgel) Prenatal Multi Zinc

## Weight management

Tinctures Green Tea

Supplements Chromium

## Women's health

Tinctures Black Cohosh Chaste Tree Dong Quai Fennel Menopause (combo) PMS (combo) Red Raspberry Sage Skullcap

#### Homeopathics

Blood Builder Libido for Women Menopause PMS+Cramps Snoring

ND Shake<sup>™</sup> ND Shake Women ND Shake Women's Sport

Supplements

Adult Multi Advanced B-Complex B6 Bone Health Advanced Cranberry D3 Drops D3+K2 Drops D3 Softgels D3+K2 Softgels Folic Acid I-3-C (indole-3-carbinol) Iron Complex Magnesium Omega-3 Fish Oil (softgel) Prenatal Multi Probiotics (for adults) Thyroid Health Zinc