



As a new mother, I am now responsible for my family's health.

- Samaria, new Orange Naturals mom. #ONatural

Rethink your medicine cabinet

# Orange Naturals Product Overview

We developed Orange Naturals because we believe natural medicine should be **safe**, **effective** and **affordable** for **families**.



**Supplements**  
Essential professional-grade naturopathics, including vitamins, minerals and specialty formulations.



**Tinctures**  
Therapeutic doses of certified organic and wildcrafted herbs in a pure, easily metabolized format.



**Homeopathics**  
Highly specialized homeopathic remedies formulated to trigger the body's natural system of healing.



**ND Shakes**  
Canada's first line of nutrient-dense shakes to meet the unique needs of men, women, teens and children.



Tinctures (single herbs)

Product	Claim
Artichoke	Helps to relieve digestive upset and increase bile flow
Ashwagandha	Used as a rejuvenating tonic for relief of general debility
Astragalus	Helps to maintain a healthy immune system
Bilberry	A source of antioxidants for the maintenance of good health
Black Cohosh°	Helps to relieve premenstrual and menopausal symptoms
Burdock°°	Helps to remove accumulated waste products via the kidneys
Calendula	Helps to relieve inflammatory conditions of the digestive system
California Poppy	Helps to promote sleep and relieve pain
Cascara Sagrada°	Used for short-term relief of occasional constipation
Catnip	Helps to relieve nervousness
Chamomile	Helps to relieve mild digestive upset and promote sleep
Chaste Tree°	Helps to relieve premenstrual and menopausal symptoms
Cinnamon	Used as supportive therapy for healthy blood sugar
Dandelion	Helps to relieve dermatological conditions and used as a diuretic
Devil's Claw	Helps to relieve joint pain associated with osteoarthritis
Dong Quai	Helps to regulate the menstrual cycle and relieve painful menstruation
Echinacea	Helps to relieve and shorten the duration of cold symptoms
Eyebright	Helps to relieve inflammation of the eyes and nose
Fennel	Helps to relieve digestive upset and coughs due to colds
Fenugreek	Helps to support healthy glucose levels and reduce elevated blood lipids
Feverfew°°	Helps to relieve headaches
Gentian°°	Aids digestion and helps to relieve digestive upset
Ginger	Helps to prevent nausea and vomiting associated with motion sickness
Ginseng (american)	Helps to support healthy glucose levels and the immune system
Ginseng (panax)	Helps to reduce mental fatigue and enhance physical performance
Ginseng (siberian)	Helps to improve mental and physical performance after periods of exertion
Goldenseal°°	Helps to relieve infectious and inflammatory conditions of the GI tract
Green Tea	A source of antioxidants for the maintenance of good health
Hawthorn°	Helps to support cardiovascular health in adults
Holy Basil	Used as a heart tonic and for treatment of coughs and colds
Hops	Helps to relieve nervousness and promote sleep
Horse Chestnut	Helps to treat haemorrhoids and varicose veins
Iodine°°	Supports the function of the thyroid gland and prevents iodine deficiency
Lemon Balm	Used as a sleep aid in cases of stress-related insomnia
Licorice	Helps to relieve inflammatory conditions of the digestive system
Linden	Helps to relieve nervousness and coughs due to colds
Lungwort	Helps to relieve sore throats and symptoms of bronchitis
Milk Thistle	Helps to relieve digestive upset and support liver function
Passionflower	Used as a sleep aid in cases of stress-related insomnia
Peppermint	Aids digestion and helps to relieve digestive upset
Red Raspberry	Used as a uterine tonic
Rhodiola	Helps to relieve symptoms of mental fatigue related to stress
Rosemary	Helps to relieve headaches and digestive upset
Sage	Helps to relieve excessive perspiration
Saw Palmetto	Helps to relieve urinary symptoms associated with BPH
Skullcap	Helps to relieve nervousness and promote sleep
St. John's Wort	Helps to relieve nervousness and restlessness
Stinging Nettle (herb top)	Helps to relieve seasonal allergy symptoms and rheumatic complaints
Stinging Nettle (root)	Helps to relieve urinary symptoms associated with early stages of BPH
Thyme	Helps to relieve coughs, symptoms of bronchitis
Turmeric	Used as a liver protectant and anti-inflammatory to help relieve joint pain
Valerian°°	Helps to relieve nervousness and promote sleep

Tinctures (herbal remedies)

Product	Claim
Allergy Relief	Helps to relieve seasonal allergy symptoms and rheumatic complaints
Calm for kids	Helps to relieve restlessness and nervousness
Cold Relief	Used for treatment of coughs and colds
Constipation	Used for short-term relief of occasional constipation
Cough+Cold	Helps to relieve coughs and fight colds and infections
Cough+Cold for kids	Helps to relieve coughs and fight colds and infections
Cough Relief	Helps to relieve coughs and symptoms of bronchitis
Digestion	Aids digestion and helps to relieve digestive upset
Digestion+Appetite for kids	Helps to stimulate appetite and relieve mild digestive upset
Heart Health	Helps to support cardiovascular health in adults
Hayfever+Sinus	Helps to relieve inflammations of the eyes and nose
Immune Health	Helps to maintain a healthy immune system
Liver Health	Helps to support and protect liver function
Menopause	Helps to relieve menopausal symptoms and ease nervous tension
Mucous Relief	Helps to relieve coughs due to colds
PMS	Helps to relieve premenstrual symptoms and menstrual pain
Stress	Helps to improve mental and physical performance after periods of exertion

ND Shakes

Product	Claim
ND Shake™ Original	Helps to support healthy blood sugar levels
ND Shake™ Men	Helps to support blood sugar, prostate and heart health
ND Shake™ Women	Helps to support blood sugar, bone and urinary health
ND Shake™ Women's Sport	Helps to support blood sugar, muscle repair, performance and heart health
ND Shake™ Kids	Helps to support the development of bones and teeth
ND Shake™ Teens	Helps to support the development of bones and teeth

Supplements (drops)

Product	Claim
D3 Drops (1000IU)	Helps in the development and maintenance of bones and teeth
D3+K2 Drops (250IU+ 30mcg)	Helps in the development and maintenance of bones and teeth
Oil of Oregano (75% carvacrol)	A source of antioxidants

Homeopathics

Product	Claim
Appetite for kids	Relieves poor or lost appetite in children
Bites+Stings	Relieves pain, itching and swelling of insect bites and stings
Bites+Stings for kids	Relieves pain, itching and swelling of insect bites and stings
Blood Builder	Homeopathic remedy to relieve symptoms of anemia
Bumps+Bruises	Helps to relieve minor bruises, swelling and sore muscles
Bumps+Bruises for kids	Helps to relieve minor bruises, swelling and sore muscles
Calm Flights	Temporary relief of mild mental anxiety due to flying
Calm for kids	Temporary relief of restlessness, nervousness and irritability in children
Colic for kids	Relieves colic symptoms such as gas pain, irritability and restlessness
Cough+Cold Night	Temporary relief of nighttime cough and cold symptoms
Cough+Cold Night for kids	Temporary relief of nighttime cough and cold symptoms
Digestion	Temporary relief of symptoms and discomfort associated with digestive upset
Digestion for kids	Temporary relief of symptoms and discomfort associated with digestive upset
Dry Cough	Supportive relief of dry coughs
Dry Cough for kids	Supportive relief of dry coughs
Earache	Temporary relief of earache symptoms such as pain, fever and inflammation
Eczema	Relieves symptoms and discomfort associated with eczema
Eczema for kids	Relieves symptoms and discomfort associated with eczema
Fever for kids	Reduces fever, pain and inflammation from sore throat, toothache and sinusitis
Focus	Helps to improve concentration and memory, and to reduce hyperactivity
Focus for kids	Helps to improve concentration and memory, and to reduce hyperactivity
Food Intolerances	Temporary relief of bloating, constipation, diarrhea, itching and headaches
Food Intolerances for kids	Temporary relief of bloating, constipation, diarrhea, itching and headaches
Gallbladder	Temporary relief of symptoms of gallbladder distress
Gout	Relieves gout symptoms including pain and swelling
Grief	Temporary relief of symptoms and discomfort associated with grief
Jet Lag	Relieves symptoms and discomfort associated with jet lag
Kidney Stones	Temporary relief of pain and discomfort from kidney stones and lower UTIs
Libido for Men	Temporary relief of loss of sexual desire and reduced endurance in men
Libido for Women	Temporary relief of vaginal dryness and loss of sexual desire in women
Menopause	Temporary relief of symptoms and discomfort associated with menopause
Migraines+Headaches	Relieves symptoms associated with migraines and headaches
Nausea+Vomiting	Relieves symptoms and discomfort associated with nausea and vomiting
Nausea+Vomiting for kids	Relieves symptoms and discomfort associated with nausea and vomiting
PMS+Cramps	Relieves symptoms and discomfort associated with PMS
Seasonal Allergies	Supportive relief of seasonal allergy symptoms
Seasonal Allergies for kids	Supportive relief of seasonal allergy symptoms
Sinus	Helps to temporarily relieve sinusitis symptoms and congestion
Sleep	Temporary relief of restlessness and sleeplessness due to an overactive mind
Sleep Tight for kids	Temporary relief of restlessness and sleeplessness due to an overactive mind
Snoring	Homeopathic remedy for the relief of symptoms associated with snoring
Stress+Calm	Temporary relief of apprehension, restlessness and nervous tension
Teething for kids	Helps to soothe teething symptoms such as gum pain, toothaches and irritability
Wet Cough	Helps to relieve wet or spasmodic coughs
Wet Cough for kids	Helps to relieve wet or spasmodic coughs
Worry+Fear	Temporary relief of worry, apprehension, and fear in children

Supplements

Product	Claim
5-HTP (with B6+Mag)	Helps to promote sleep and a healthy mood balance
A (10,000IU)	Helps to maintain eyesight, skin and immune function
Adult Multi	A factor in the maintenance of good health
Advanced B-Complex	Helps to metabolize carbohydrates, fats and proteins
ALA (Blood Sugar Support)	Helps to metabolize carbohydrates and promotes healthy glucose metabolism
B6 (100 mg)	A factor in the maintenance of good health
B12 (1000 mcg)	Helps to metabolize carbohydrates, fats and proteins
Biotin	A factor in the maintenance of good health
Bone Health Advanced	Helps to maintain bones, teeth, skin, muscles and immune function
C crystals (1000 mg)	A factor in the maintenance of bones, cartilage, teeth and gums
Chromium (500 mcg)	Provides support for healthy glucose metabolism
Cold+Flu	For symptomatic relief of colds, flus and upper respiratory tract infections
CoQ10 (100 mg)	Promotes heart health in adults
D3 Softgel (1000IU)	Supports the development of bones and teeth
D3+K2 Softgel (1000IU+120 mcg)	Supports the development of bones and teeth
E (400IU)	An antioxidant for the maintenance of good health
Eye Health Advanced	A source of antioxidants for the maintenance of eye health
Ginkgo Biloba	Helps to improve memory and cognitive function in adults
I-3-C (200 mg)	Helps to support healthy estrogen metabolism
Iron Complex	Helps to form red blood cells and prevent iron deficiency anaemia
Joint Relief	Used as an anti-inflammatory to help relieve joint pain
L-Lysine (500 mg)	Helps to reduce the recurrence of cold sores
L-Theanine (250 mg)	Helps to temporarily promote relaxation
Magnesium glycinate (180 mg)	A factor in the maintenance of good health
Omega-3 Fish Oil	Promotes heart health
Plant Digestive Enzymes	Enzyme blend to help with the digestion of proteins
Prenatal Multi	Helps to reduce the risk of neural tube defects in pregnancy
Probiotic Powder toddler to teen	Temporarily modifies intestinal flora
Probiotics for adults	Temporarily modifies intestinal flora
Prostate Health	Helps to relieve urinary symptoms associated with BPH
Sleep	Used as a sleep aid
Stress	Helps to manage oxidative stress and promotes relaxation
Thyroid Health	Supports the function of the thyroid gland
Zinc Citrate (50 mg)	Helps to maintain immune function and prevent zinc deficiency