



# blume

Hi we're Blume. A Vancouver based company that creates hassle-free latte mixes, that taste good and are good for you.

All our ingredients are ground which means better absorption of health benefits and more versatile. Go beyond brewed tea to superfood boosted smoothies, oatmeal and energy balls.

Produced in small batches with only the finest ingredients, our mixes are organic, vegan, sugar free, caffeine free and gluten free. Our aim is to make products that everyone can enjoy.

[wholesale@itsblume.com](mailto:wholesale@itsblume.com) | 778-707-0445



## Blue Lavender Blend

Soft, floral and delicate. This blend is balanced, calming and smooth. Take a sip, turn your brain off and just do nothing.

30 Servings | 100g

Ingredients: Organic Coconut Milk Powder (Coconut Milk, Tapioca Maltodextrin), Sugars (Organic Coconut Sugar), Organic Ground Lavender, and Organic Blue Spirulina.



## Beetroot Blend

Naturally sweetened by Mother Nature, this remedy will pick you up and look out for you. This blend is earthy with light warming spice notes.

30 Servings | 125g

Ingredients: Organic Beetroot Powder, Organic Cinnamon Powder, Organic Ginger Root Powder, Organic Ground Cloves



## Turmeric Blend

This golden mylk blend is the perfect mix of super-spices to get your body feeling fine. Powerful anti-inflammatory properties make this our healer.

30 Servings | 125g

Ingredients: Organic Turmeric Root Powder, Organic Cinnamon Powder, Organic Ginger Root Powder, Organic Cardamom Powder, Organic Black Pepper Powder.



## Matcha Coconut Blend

Perk up and stay steady with our stone ground, hand picked matcha. Organically grown and sourced from the Nishio region of Japan.

30 Servings | 125g

Ingredients: Organic Matcha Powder, Organic Coconut Milk Powder (Coconut Milk, Tapioca Maltodextrin), Organic Moringa Leaf Powder.



## Cacao Turmeric Blend

There's a reason we call this blend 'Moon Mylk.' Destress, unwind and head straight to relaxation island. Sip sip and zen on.

30 Servings | 125g

Ingredients: Organic Cacao Powder, Organic Turmeric Root Powder, Organic Cinnamon Powder, Organic Ginger Root Powder, Organic Nutmeg Powder, Organic Ashwagandha Root Powder, Organic Black Pepper Powder.



## Reishi Hot Cacao Blend

Creamy, chocolaty goodness. Meet our adaptogenic hot chocolate made with reishi and cacao. Support your immune system and and fight off the blues with this soothing mushroom hot chocolate.

30 Servings | 125g

Ingredients: Organic Cacao Powder, Sugars (Organic Coconut Sugar), Organic Cocoa Powder, Organic Reishi Mushroom Powder, Organic Cinnamon Powder.



## Chili Turmeric Blend

All the healing powers of turmeric with an extra bit of heat. A spicy chai, but more fly.

30 Servings | 125g

Ingredients: Organic Turmeric Root Powder, Organic Cinnamon Powder, Organic Ginger Root Powder, Organic Cardamom Powder, Organic Cayenne Pepper Powder, and Organic Black Pepper Powder.



## Pumpkin Spice Blend (Available July)

Organic pumpkin and maple combine in a warming cup of velvety goodness. Put your feet up, get comfortable and stay awhile.

30 Servings | 125g

Ingredients: Organic Pumpkin, Organic Cinnamon, Organic Maple Sugar, Organic Ginger Root, Organic Nutmeg, Organic Cloves, and Organic Cardamom.



## Pure Ceremonial Matcha

Single-origin, shade-grown and stone-ground from Shizuoka, Japan. An antioxidant powerhouse and a source of calm, clean energy. L-theanine regulates caffeine uptake leaving you focused not jittery.

30 Servings | 30g

Ingredients: Organic green tea powder, that's it.



## **Milk Frother**

Dreamy foam from the comfort of home.

Our custom milk frother has three speeds, two detachable whisk heads and a USB charging cable. Makes dreamy, cloud-like micro-foam. Works with any type of milk, hot or cold.

Perfect for making gift sets+bundles!



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