



ITL Health

CATALOGUE



www.itlhealth.ca

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ITL Health

- › **ITL Health** is a multi-award-winning company.
- › **ITL Health** sells products with a focus on quality, purity and affordability.
- › **ITL Health** focuses on magnesium based supplements because magnesium is foundational to good health. Soil depletion and food processing are two contributing factors that have led to a widespread magnesium deficiency. For this reason, most people need to supplement with magnesium.
- › **ITL Health** products are all pure – with no fillers, excipients, or any other unwanted ingredients.
- › **ITL Health** products are unique to the market and based on cutting-edge research. We use the most bioavailable form of nutrients in all of our products.
- › **ITL Health** donates a minimum €10 of every jar sold to charity.
- › **ITL Health** packaging is eco-conscious.
 - › Please see our website for more details: www.itlhealth.ca

PRODUCT GUARANTEE



We are so confident that your customers will love our products that we offer a **100% satisfaction guarantee**. Please get in touch with us directly to find out more.



MAG365

MAGNESIUM

by **ITL Health**

MAG365 is our flagship multi award-winning ionic magnesium citrate powder.

MAG365 is pure and doesn't contain any fillers. In addition, it is **free from: gluten, dairy, preservatives, yeast, soy, gelatin, sugar, colours, and shellfish.**

MAG365 comes in Natural and Flavoured. We use flavours that are 100% natural and sourced from fruits. They are sweetened with steviol glycoside, which is the compound of the stevia leaf that is responsible for the sweet taste.



NATURAL INGREDIENTS

Ionic magnesium citrate (created from citric acid sourced from non-GMO sugar beets) and magnesium carbonate (from seawater).

- MAG365 Natural has a naturally occurring light citrus flavour.

SERVING SIZE

4 g (2 tsp).

COUNTRY OF ORIGIN

Made in Canada.

AVAILABLE IN SIZES

4g sachets, 150g, 300g.



EXOTIC LEMON INGREDIENTS

Ionic magnesium citrate (created from citric acid sourced from non-GMO sugar beets) and magnesium carbonate (from seawater).

- MAG365 Exotic Lemon is naturally flavoured with the unique and little-known Fingered Citron, also known as Buddha's Hand.

SERVING SIZE

4 g (2 tsp).

COUNTRY OF ORIGIN

Made in Canada.

AVAILABLE IN SIZES

4g sachets, 150g, 300g.



PASSION FRUIT INGREDIENTS

Ionic magnesium citrate (created from citric acid sourced from non-GMO sugar beets) and magnesium carbonate (from seawater).

- MAG365 Passion Fruit is naturally flavoured with the exciting exotic flavours of passion fruit.

SERVING SIZE

4 g (2 tsp).

COUNTRY OF ORIGIN

Made in Canada.

AVAILABLE IN SIZES

4g sachets, 150g, 300g.



This product contains a daily dose of our multi award-winning ionic **MAG365** magnesium citrate powder as well as vitamins D3, K2, C, B6, boron, zinc and potassium.

MAG365 BF is a great choice for **bone, immune, hormone, and heart support**. It is designed to direct calcium to the proper places in the body and offers many nutrients to support the body's systems.

MAG365 BF won **Rude Health Magazine's "Best Women's Product"** for their 2021 Reader's Choice Awards. But don't let this award make you think this product is only for women - it's also formulated to support men's health and hormone regulation.



● NATURAL INGREDIENTS

Ionic magnesium citrate (created from a highly absorbable proprietary blend of citric acid and magnesium carbonate), potassium bicarbonate, ascorbic acid (non-GMO), zinc picolinate, boric acid, vitamin K2-MK7 (trans, double micro-encapsulated), vitamin B6 (as pyridoxine HCl), vitamin D3 (cholecalciferol).

- **MAG365 BF** has a naturally light citrus flavour, combined with a slight mineral taste from the additional vitamins and minerals it contains.

SERVING SIZE

5.5 g (2.5 tsp).

COUNTRY OF ORIGIN

Made in Canada.

AVAILABLE IN SIZES

5.5g sachets, 180g, 330g.



● EXOTIC LEMON INGREDIENTS

Ionic magnesium citrate (created from a highly absorbable proprietary blend of citric acid and magnesium carbonate), potassium bicarbonate, ascorbic acid (non-GMO), zinc picolinate, boric acid, vitamin K2-MK7 (trans, double micro-encapsulated), vitamin B6 (as pyridoxine HCl), vitamin D3 (cholecalciferol).

- **MAG365 BF Exotic Lemon** is naturally flavoured with the unique and little-known Fingered Citron, also known as Buddha's Hand.

SERVING SIZE

5.5 g (2.5 tsp).

COUNTRY OF ORIGIN

Made in Canada.

AVAILABLE IN SIZES

5.5g sachets, 180g, 330g.



MAG365 BF PLUS CALCIUM

This product is made up of the same award winning formula as **MAG365 BF**, but also contains added calcium in a balanced ratio of 3:2 magnesium to calcium.



● NATURAL

INGREDIENTS

Ionic magnesium citrate (created from a highly absorbable proprietary blend of citric acid and magnesium carbonate), zinc picolinate, calcium lactate, potassium bicarbonate, ascorbic acid (non-GMO), vitamin D3 (cholecalciferol vegan from lichen), vitamin K2-MK7 (trans, double micro-encapsulated), vitamin B6 (as pyridoxine HCl), boric acid.

➤ **MAG365 BF plus Calcium** has a naturally light citrus flavour, combined with a slight mineral taste from the additional vitamins and minerals it contains.

SERVING SIZE

6 g (3 tsp).

COUNTRY OF ORIGIN

Made in Canada.

AVAILABLE IN SIZES

6g sachets, 210g, 360g.



MAG365 KIDS

Formulated for a child's growth, concentration and immune system, **MAG365 KIDS** contains a daily dose of magnesium along with calcium, zinc and vitamins C, D3, K2 (trans MK-7), B1 and B6.



● PASSION FRUIT

INGREDIENTS

Magnesium citrate (created from citric acid and magnesium carbonate), calcium lactate, ascorbic acid (non-GMO), zinc picolinate, vitamin D3 (cholecalciferol vegan from lichen), vitamin K2-MK7 (trans, double micro-encapsulated), vitamin B6 (as pyridoxine HCl), vitamin B1(thiamin), natural flavouring, sweetener (steviol glycosides).

➤ **MAG365 Kids** is flavoured with the exciting exotic taste of passion fruit, derived from real fruit and stevia.

SERVING SIZE

1.8 g (1 tsp).

COUNTRY OF ORIGIN

Made in Canada.

AVAILABLE IN SIZES

3g sachets, 150g, 300g.



Priz**MAG** is a pure magnesium bisglycinate magnesium supplement with no fillers, binders, excipients, magnesium oxide or stearates. It is a stable and highly bioavailable chelate mineral complex that is easily absorbed and tolerated by the body, allowing your body to absorb and utilize the magnesium effectively. Priz**MAG** magnesium bisglycinate uses the amino acid glycine as a carrier because of its small size and many health benefits.



AWARD-WINNING FOR SLEEP

When it comes to sleep there is no better product. Priz**MAG** won **Rude Health Magazine's "Best Sleep Aid"** award during their 2020 Lockdown Awards.



MSRP
120 caps
\$ 24.95

Priz**MAG**

INGREDIENTS

Pure Magnesium Bisglycinate, Pullulan (vegan capsule made from fermented tapioca).

SERVING SIZE

3-4 capsules.

COUNTRY OF ORIGIN

Made in Ireland.

AVAILABLE IN SIZES

90 capsules.



MSRP
120 caps
\$ 31.95

Priz**MAG+**

INGREDIENTS

Pure Magnesium Bisglycinate, Vitamin K2 (as menaquinone-7), Vitamin D3 (cholecalciferol vegan from lichen), Pullulan (vegan capsule made from fermented tapioca).

SERVING SIZE

3-4 capsules.

COUNTRY OF ORIGIN

Made in Ireland.

AVAILABLE IN SIZES

90 capsules.



Vitamin D Plus is formulated with the necessary cofactors for proper vitamin D absorption.

Vitamin D Plus contains **vitamin D**, **magnesium**, **vitamin K2**, and vitamin **B12**.

- **Magnesium** → activates the vitamin D for use and ensures it does not sit stored in the liver and kidneys.
- **K2** → directs the vitamin D to the proper place for use.
- **B12** → provides additional immune support and energy production.

Vitamin D Plus was formulated based on the Singapore cohort study that saw positive COVID-19 ICU outcomes when vitamins D, B12 and magnesium were taken in these ratios.

VITAMIN D PLUS

INGREDIENTS

Magnesium bisglycinate, vitamin D3 (cholecalciferol from lichen), vitamin B12 (methylcobalamin), vitamin K2 (microencapsulated menaquinone-7), Pullulan (vegan capsule made from fermented tapioca).

SERVING SIZE

2 capsules.

COUNTRY OF ORIGIN

Made in Ireland.

AVAILABLE IN SIZES

60 capsules.



MSRP

60 caps

\$19.95



ITL Health



In addition to our branded products,
we can provide both private label and
custom formula opportunities.



If you have any questions please reach
out to us at **info@itlhealth.com**